

## Executive Summary

SPAA	Hyndburn
SPAA Partner Organisations	Leisure in Hyndburn Trust Hyndburn Borough Council Age Concern Hyndburn CVS Hyndburn and Ribble Valley School Sport Partnership Youth Action@ Hyndburn East Lancashire PCT New Era Lancashire County Council
1% target of population to meet the 11548 county target	635 per year

Project 1 – Title	Active People
Aim	This project offers subsidised provision to facilities supported by an officer who will promote this offer and other mass participation events. This will include:- developing pledge card, targeting groups to access the free provision, working with the other SPAA projects to signpost to the free provision and organising the mass participation/ taster events each year to help increase participation. This participation will hopefully be sustained by again signposting and working with the proposed club development officer.
Main Contact for Project and contact number	Peter Baron, Leisure in Hyndburn Trust- 01254 380296, <a href="mailto:peter.baron@hyndburnbc.gov.uk">peter.baron@hyndburnbc.gov.uk</a>

Project 2 – Title	Active 50 Plus
Aim	To provide physical activity opportunities specifically for the over 50's living within Hyndburn. Sessions and activities such as swimming, gym, aerobics, yoga and sport specific sessions such as golf, bowling will take place in all accessible facilities throughout the borough, e.g. church halls, community centres, residential accommodation and will be delivered by fully

	qualified instructors.
Main Contact for Project and contact number	Liz Green, Age Concern- 01254 871010, <a href="mailto:ac.hyndburn@btconnect.com">ac.hyndburn@btconnect.com</a>

Project 3 – Title	Physical Activity Referral
Aim	The programme seeks to improve the health of Hyndburn residents by increasing the availability and opportunity for sport and physical activity opportunities. This relates to interventions which reduces inactivity/sedentary behaviour and improves mental health and functional capacity in relation to clients suffering from specific medical conditions. The community sessions will include free access to walking and cycling programmes, Tai Chi, exercise sessions, gym sessions, swimming.
Main Contact for Project and contact number	Ian Ashworth, East Lancashire PCT- 01254 356 812, <a href="mailto:Ian.Ashworth@eastlancspct.nhs.uk">Ian.Ashworth@eastlancspct.nhs.uk</a>

Project 4 – Title	YA@H- United through Sport
Aim	This project will provide an officer who will deliver the scheme and co-ordinate the training opportunities- the officers key role will be to:- <ul style="list-style-type: none"> <li>• To use sport as an alternative source of training for 14-25 year olds, delivering training courses and providing volunteering experience, employable qualifications and leadership experience.</li> <li>• Delivery of sessions to increase participation in sport and physical activity amongst young people.</li> <li>• To use sport volunteering and coaching as a medium for a peer mentoring service, helping young people overcome difficulties in life and leaving a healthy legacy.</li> </ul>
Main Contact for Project and contact number	Thom Hall, Youth Action@ Hyndburn- 01254 398609, <a href="mailto:youthactionhyndburn@hotmail.co.uk">youthactionhyndburn@hotmail.co.uk</a>

Project 5 – Title	Competition Manager
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Aim	This will involve the co-ordination and delivery of a local competition framework working in partnership with schools, clubs and governing bodies of sport. This will include competitions for all ages and abilities which promotes both participation and performance in balance.
Main Contact for Project and contact number	Andrea Wilkinson, Hyndburn School Sport Partnership- 07968 959698, <a href="mailto:andea.wilkinson@hotmail.com">andea.wilkinson@hotmail.com</a>

Project 6 – Title	Active Families and Clubs
Aim	<p>This project will fund an officer who will work with young disabled people and their families to help create a more positive physically active family.</p> <p>This project will also employ a full time club development officer with a strong emphasis on cricket owing to the existing network of 7 clubs within Hyndburn and the working cricket development forum. The key responsibilities of this officer will be to increase the number of club members, volunteers, coaches and most importantly the number of accredited clubs.</p>
Main Contact for Project and contact number	Andrew Whittaker, Leisure in Hyndburn Trust- 01254 380202, <a href="mailto:Andrew.whittaker@hyndburnbc.gov.uk">Andrew.whittaker@hyndburnbc.gov.uk</a>