

Executive Summary

SPAA	Pendle
------	--------

SPAA Partner Organisations	Pendle Leisure Trust Pendle Borough Council East Lancashire PCT Age Concern Lancashire County Council Pendle School Sports Partnership
----------------------------	---

1% target of population to meet the 11548 county target	703 per year
---	--------------

Project 1 – Title	Communities and workplaces on the move
Aim	This programme is a walking and cycling led project targeting those groups not already participating in sport and physical activity within Pendle. The project will promote the health benefits of sport and physical activity and lead into a series of taster sessions including swimming, netball, cricket, rounders, tennis and dance aerobics.
Main Contact for Project and contact number	Kate Reid, East Lancashire PCT- 01282 657395, Kate.reid@eastlancspct.nhs.uk

Project 2 – Title	Pendle Action for Life
Aim	This project will target the population of Pendle over the age of 50 especially women. These have been targeted as priority groups for Pendle by the SPAA. It aims to increase the number of people from these target groups who participate in moderate physical activity. It will do this by developing a range of activities such as health walks, outdoor bowling, tai chi, gym sessions and dance aerobics.
Main Contact for Project and contact number	Julie Duerden, Age Concern- 07779 093 228, julieduerden@aclancs.orangehome.co.uk

Project 3 – Title	Club Development
Aim	Project focusing on supporting clubs to increase membership, number of coaches, volunteers and help clubs work towards accreditation. The full time officer will work with the sport development groups and clubs to enhance the sporting infrastructure to achieve sustainable participation in sport.
Main Contact for Project and contact number	Suzanne Hodgson, Pendle Leisure Trust- 01282 661225, Suzanne.hodgson@pendleleisuretrust.co.uk