

Executive Summary

SPAA	Preston
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SPAA Partner Orgs	<p>Preston City Council Central Lancashire PCT Lancashire County Council University of Central Lancashire Preston School Sports Partnership Age Concern Preston North End FC Preston Community Network Preston Sports Forum Lancashire Police</p>
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1% target of population to meet the 11548 county target	1054 per year
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Project 1 – Title	Sporting Infrastructure Development
Aim	This project aims to increase the number of high quality clubs in Preston through working to National Governing Body Accreditation schemes. In addition the project officer will set up a mentoring scheme to recruit and develop more quality coaches and volunteers resulting in 1 full time club development officer and 10 part time mentors employed.
Main Contact for Project and contact number	Kate Youngman - 01772 906186

Project 2 – Title	Family Swimming Project
Aim	This project aims to target black and ethnic minority families from selected wards of Preston to encourage them to learn and develop their swimming ability in a supportive environment to encourage them to take up swimming as a regular activity.
Main Contact for Project and contact number	Kate Youngman - 01772 906186

Project 3 – Title	Diversiory activities project
Aim	This project will appoint 2 part time coaches to work with women and girls aged between 12 and 16 to deliver a range of sport and dance activities at local facilities in targeted areas.
Main Contact for Project and contact number	Iain Mackie - 01772 906184

Project 4 – Title	Family Sport and Physical Activity Programme
Aim	This programme is a community based initiative designed to work with overweight and obese children and their families to try and provide a positive shift in attitudes towards sport and physical activity and associated lifestyle factors such as diet and nutrition. This scheme will run blocks of programmes and signpost children in to regular activities and clubs.
Main Contact for Project and contact number	Kerry Cross - 01772 906187

Project 5 – Title	Preston on Wheels
Aim	This project will engage with the people of Preston to encourage a greater number of people to take up cycling as a recreational activity. The project will deliver safety training for beginners and also provide volunteers and staff to lead on a series of organised rides.
Main Contact for Project and contact number	Ian Tierney - 0161 745 9099

Project 6 – Title	Disability Inclusion Project
Aim	This scheme will look to appoint a specialist worker who will aim to increase the accessibility to sport for people with a range of disabilities. The officer will organise for training of staff, assisting clubs establish

	and develop disability sections and ensure a more inclusive programme of activity in Preston's Leisure Centres.
Main Contact for Project and contact number	Allan Cook - 01772 906183

Project 7 – Title	Pathways To Sport
Aim	This project will see the employment of a 1 full time coordinator and 2 full time coaches who will deliver a range of sport and physical activity sessions to adults who face barriers such as cost and accessibility to facilities. This project will aim to give adults a taster of activity and signpost them on to more regular opportunities.
Main Contact for Project and contact number	Jimmy Khan - 01772 906188