

Executive Summary

SPAA	Ribble Valley
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SPAA Partner Orgs	Ribble Valley Borough Council East Lancashire PCT Lancashire County Council Hyndburn and Ribble Valley School Sport Partnership Forestry Commission Age Concern
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1% target of population to meet the 11548 county target	459 per year
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Project 1 – Title	Community Gym and Physical Activity Posts
Aim (keep it brief but informative)	The development of a community gym facility at Longridge Civic Hall and the development of this as a sport and physical activity hub for the area. Physical activity officer and inclusion officer will then develop outreach programmes for the outlying villages tailored for people of all ages. A full time walking and cycling officer will also utilise the natural environment to develop a programme of outdoor mass participation events. The project as a whole will aim to increase participation in sport and physical activity.
Main Contact for Project and contact number	Colin Winterbottom, Ribble Valley Borough Council-01200 414588, colin.winterbottom@ribblevalley.gov.uk

Project 2 – Title	Gisburn Forest Mountain Bike Trails
Aim (keep it brief but informative)	The development of formal Mountain Bike Trails in the Gisburn Forest as to open up the natural environment to people of all ages and abilities.
Main Contact for Project and contact number	Colin Winterbottom, Ribble Valley Borough Council-01200 414588, colin.winterbottom@ribblevalley.gov.uk

